Travel Advice for Istanbul Annual Meetings Attendees

IF YOU ARE SICK WITH FLU LIKE SYMPTOMS (SEE BELOW) YOU SHOULD NOT TRAVEL!

Symptoms of A/H1N1 flu are similar to seasonal flu:
Fever (>37.8 C/100.0 F), cough, sore throat, runny or stuffy nose, body aches, chills, fatigue. A number of people have also reported having diarrhea and vomiting.

TRAVEL AND QUARANTINE:
- Airports are checking individual passenger’s temperature upon arrival (by scanner or other methods.)
- You will be required to fill out a questionnaire about your health upon arrival.
- You may be quarantined for a period of time by the local health authorities if you have symptoms, or if a passenger on your flight is found to have A/H1N1 flu.

NOTE: Quarantining is at the discretion of the host country, and the Joint Bank/Fund Health Services Department has no authority to suspend quarantine.

WHAT TO DO BEFORE YOU TRAVEL:
- Review the HSD website for available medical care in Istanbul (information forthcoming).
  o NOTE: A list should be available of providers at the Conference Center Medical facility.
- Obtain your seasonal flu vaccination from a health care provider prior to departing.
- If you suffer from an underlying condition or if you are pregnant, you should consult with your doctor who, based on your medical history, may consider stand-by antiviral treatment.
- The A/H1N1 vaccine is not anticipated to be available prior to the Annual Meetings globally.

A/H1N1 High-Risk Target Group includes:
Pregnancy, Chronic Respiratory (i.e. Asthma), Cardiac, Diabetes, Neurological, Renal, Hepatic and Hematologic disorders and those with compromised immune systems (i.e. HIV, Cancer patients)

GENERAL PRECAUTIONS WHILE TRAVELING
- Cover your mouth when you cough or sneeze
- Wash your hands frequently (soap & water or hand sanitizers)
- Avoid contact with sick people
- If you develop flu-like symptoms (see above), stay in your hotel room and seek medical attention (further details to come)

There will be a Medical Unit on site at the Convention Center during the Meetings.

Check the following websites for up-to-date information:
CDC website (SPECIFIC WEBSITE FOR TRAVEL):
http://wwwn.cdc.gov/travel/content/novel-h1n1-flu.aspx

WHO website (SPECIFIC WEBSITE FOR TRAVEL):

This page will be updated as we gather more information.

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