A lack of gender equality in career opportunity and long work hours perpetuate wage differences between men and women

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Japan is not making progress in gender equality, at least relative to the rest of the world. Despite the Japanese government’s attempts in recent years to pass legislation promoting the economic activity of women, Japan ranked a miserable 110 out of 149 in the World Economic Forum’s 2018 Gender Gap Index, which benchmarks countries on their progress toward gender parity across four major areas. While this rank is a slight improvement over 114 out of 146 in 2017, it remains the same or lower than in the preceding years (111 in 2016 and 101 in 2015).

Among the primary reasons for Japan’s low ranking is its large gender wage gap. At 24.5 percent in 2018, the gender wage gap is the second largest among Organisation for Economic Co-operation and Development (OECD) nations, surpassed only by South Korea.

Why is this gap so large in Japan? A major cause is the large number of women who are “non-regular” workers. “Regular” workers in Japan are employed on indefinite terms without specific job obligations and are strongly protected from firings and layoffs, while non-regular workers—including many full-time employees—have fixed-term contracts with specific job obligations. Just over 53 percent of employed women ages 20 to 65 fall into the non-regular category, compared with just 14.1 percent of employed men in 2014.

As is true elsewhere, Japan’s non-regular employees have nearly uniformly low wages, irrespective of age and gender. For regular employees, on the other hand, wages increase with age until the employee reaches approximately 50 years old. This is because in a large majority of Japanese firms, regular employees receive wage premiums based on years of service. The gender disparity in the proportion of non-regular employees is perpetuated by the employers’ perception that new graduates are more desirable candidates for regular employment. Because employers tend to prioritize the hiring of these younger job seekers for regular employment, women who leave their jobs for childrearing and attempt to re-enter the job market at a later date have very limited opportunities for regular employment.

However, my analysis of the gender wage gap by a combination of employment types (four categories distinguishing regular versus non-regular employment and full-time versus part-time work) and age categories finds that gender differences in employment type—specifically the larger proportion of women than men employed in non-regular positions—explain only 36 percent of the gender wage gap (Yamaguchi 2011). In fact, the primary factor is actually the gender wage gap within full-time regular employment, which accounts for more than half of the overall gender wage gap. The elimination of the gender wage gap among regular workers is therefore a more pressing issue than fixing the over-representation of women in non-regular employment.

**WOMEN LACK THE OPPORTUNITY TO GO INTO PROFESSIONS OTHER THAN THOSE DEEMED SUITABLE FOR WOMEN.**

**Male-dominated management**

A major cause of gender wage disparity among regular employees in Japan is the dearth of female managers. According to the 2016 Basic Survey on Equality of Employment Opportunity by the Ministry of Health, Labour, and Welfare, women hold 6.4 percent of the positions of department director or equivalent; 8.9 percent of section head or equivalent; and 14.7 percent of task-unit supervisor or equivalent.

This same survey also asked employers with very few female managers for the possible causes of the paucity of women in the higher ranks. The two major reasons identified among many pre-specified possible reasons were “at the moment, there are no women who have the necessary knowledge, experience, or judgment capability” and “women retire before attaining managerial positions due to their short years of service.” Such perceptions held by employers are misguided, as my own research (Yamaguchi 2016) reveals a very different picture.

I conducted an analysis of firms with 100 or more employees and found that only 21 percent of the gender disparity among regular workers in middle
Extended work hours are incompatible with family roles after marriage because of the strong persistence of the traditional division of labor in Japan.

management (section heads) and above could be explained by gender differences in education and employment experience. The rest of the disparity arose from gender differences in the rate of promotion to managerial positions among employees with the same levels of education and experience. The limited employment duration of women was not a major factor. My analysis further showed that being male increased the odds of becoming a manager more than tenfold, whereas being a college graduate made it only 1.65 times more likely. (The study controlled for other determinants for becoming a manager.)

We regard societies where social opportunities and rewards are determined primarily by individual achievements as “modern” and societies where they are determined by an ascribed status as “pre-modern.” Although “post-modernism” has been discussed in Japan, contemporary Japanese society maintains characteristics that cannot even be considered “modern.” Gender at birth is what determines whether a person becomes a manager in Japan, not individual achievement such as earning a college degree.

Gender-segregated career tracks are largely to blame for the country’s gender inequality in the rate of promotion to managerial positions. In Japan, there is a managerial career track (sogo shoku) and a dead-end clerical track (ippan shoku). This track system is strongly associated with gender. Many women do not pursue sogo shoku jobs despite their greater opportunity for career development because they require regular overtime hours.

Indeed, among women, the major correlate of becoming a manager is the presence of long work hours, indicating that women who do not work long overtime hours are deprived of opportunities to become managers. However, extended work hours for women are incompatible with Japanese family roles after marriage due to the strong persistence of traditional division of labor in which the burden of childcare and household tasks is chiefly borne by women. As a result, Japanese firms’ insistence on long work hours is an inherent source of gender inequality, especially for the attainment of managerial positions.

Persistence of traditional roles

Another major cause of the gender wage gap is the high degree of gender segregation in professions. In OECD countries, women tend to be overrepresented in the human services professions, such as education, health care, and social work. In Japan, two additional characteristics exist. First, even among human service professions, women are underrepresented in the high-status professions—for example, the proportion of women among physicians and college educators in Japan is the lowest among OECD nations. Second, women are seriously underrepresented in non-human-service professions—such as research, engineering, law, and accounting.

My latest research takes a close look at the gender wage gap among professionals, focusing on the Japanese and US labor markets. Drawing on a 2005 nationwide survey for Japan and the 2010 US Population Census, I looked at gender proportions in the two categories of careers described above: the human services professions, excluding high-status professions, such as physicians and college educators, which I chose to call Type-II professions, and other professions, including high-status human service professions and all non-human-service professions, which I called Type-I professions. The research showed that in Japan, the proportion of women in the latter category is remarkably low: in the United States, 12.7 percent of female employees are in Type-I professions, compared with fewer than 2 percent of Japanese female employees (see chart). Women’s jobs in Japan are clearly concentrated in Type-II professions.

This division of professions leads to a large gender wage gap for two reasons. First, while gender wage disparity in Type-I professions is very small, women are severely underrepresented in these professions. Second, there are large gender wage disparities within Type-II professions. Whereas the average wage for males in Type-II professions is higher than the wages
of male clerical, sales, or manual workers, the average wage for females in Type-II professions is not only lower than the average wage for males in the same type of work, but it is also lower than the average wage of male clerical, sales, and manual workers.

My research also shows that the smaller proportion of women in management and Type-I professions cannot be explained by gender differences in educational background, including college majors (Yamaguchi, forthcoming). Japan and Turkey are the only two countries in the OECD where college graduation rates of women are still lower than those of men, and therefore, we may expect that gender equalization would reduce gender inequality in the attainment of high-status occupations. My analysis reveals, however, that if current gender-specific matching of education and occupation continues as the college graduation rate of women increases, it will be reflected mostly by the increase of women in already female-overrepresented Type-II professions. The increase of women in female-underrepresented managerial and Type-I professions, on the other hand, will be minimal. Hence, on average, achieving gender equality in educational attainment will not greatly reduce the gender wage gap.

The only exception to this rule would lie in the equalization in the proportion of college graduates majoring in science and engineering. This would increase the share of female scientists and engineers, thus reducing gender disparity in the proportion of Type-I professions and thereby narrowing the gender wage gap to some extent.

The fact that educational background does not explain gender segregation among professions in Japan suggests that the segregation is a reflection of Japanese hiring practices. As a result of practices rooted in gender stereotypes, women lack the opportunity to go into professions other than those deemed suitable for women. The main careers open to Japanese women are extensions of women’s traditional family roles, such as children’s education, nursing, and other supportive roles in health care. Employers in Japan ought to acknowledge that the workplace is not an extension of gender divisions at home, but rather a place for individuals to fulfill their potential and contribute to society. But such an acknowledgment, for the most part, remains to be seen.

Although the government aims to pay equal wages for equal jobs—especially for regular and irregular workers with the same job—I believe that providing equal occupational opportunity, especially for managerial and high-status professional positions, is more critical for the reduction of the gender wage gap in Japan. Moreover, since the lack of opportunity for women persists not only because of hiring practices but also because of the long work hours required, the government should aim to create the conditions for better work-life balance. It could do so by changing the work culture that relies on long work hours and by promoting flexible workplaces. It could also encourage a change in the attitude that assumes child-care and home-care responsibilities are only for women.

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References: